

Negotiations in style win-win - level I - techniques and strategies

#1 What are New Negotiations in context **#2** Grips and tactics known styles negotiation?

- What we know styles negotiated and what are consequences use everyone with them?
- What is biological subsoil negotiating power and building advantages - why model Win-Win is so difficult to achievements in practice?
- Win -win as element strategy long term in light theory games prof. J. Nash ("Beautiful Mind")
- 6 fundamental rules an effective negotiator and their influence on results of negotiations

during negotiations

- How recognize bluff and lie after facial expressions and micromimicry face?
- How recognize manipulation and negotiation tricks and to advise myself with turning them it is on my own advantage:
- Valuable concession
- Good bad clay
- What by was, if...
- Through the door in face
- Prize in paradise
- Incomplete power of attorney
- Manipulation sometimes
- Depreciation
- Apparent concessions
- Trial balloon
- Open window
- Empty wallet
- Plucking
- Foot in the door
- Successful shocking
- Principle competition
- Leaving the table



PROGRAM TRAINING 2-DAY

Negotiations in *s*tyle win-win - level I - techniques and strategies



- When which tactics are worth it use?
- What different myself tactics from grip?
- How argue in answers on applied holds or tactics?
- Where it runs limit between persuasion and manipulation?
- What is the role of ethics in negotiations?
- Simulation negotiations 1 on 1, allowing to use in acquired practice knowledge

#3 Negotiations as process spread out in time

- What we distinguish stages in the proces negotations?
- How to effectively prepare for each stage of negotiations?
- How efficiently transcribe and rank the goals - use sheet Nego- SMART
- Management sometimes as resource in in the process negotiations.
- Deadlock as element negotiation strategy
- BATNA and ZOPA what are they and how build a negotiation strategy based on them?
- How open auctions and lead them honestly?
- How to submit suggestions?
- When stop myself in auction and when to withdraw?
- How to negotiate positionally and don't dig in on positions?
- Why is ZOPA not a common budget range on both sides of negotiations?



Negotiations in style win-win - level I-techniques and strategies

- How you can bury negotiations wrong estimating ZOPA?
- What meaning has BATNA and WATNA for ZOPA?
- Why is it not worth relying on leaks about the budget of the other negotiating side?
- Simulation negotiations 1 on 1, allowing to use in acquired practice knowledge

#4 Neurolinguistics and building authority in the process negotiations

- How to influence on achievement your goal negotiating using the appropriate syntax sentences and presuppositions?
- How build your authority and using charisma appropriate syntax sentences and presuppositions?
- How to react on tasks in way of opening further discussions?
- How to react for suggestions impossible down acceptance, so as not to risk clinch.
- How go out with impasse by use so-called "frames solutions."
- How to negotiate (e.g. contracts) in the comments so as not to discourage the other side?
- What to pay attention to email negotiations and telephone
- What seats should you take and how should you arrange the space in the room?
- How greet myself in situation participation of many negotiators, limited space and barriers (e.g. long table)?





4GROW.pl

Negotiations in style win-win - level I-techniques and strategies

- How build authority and my own position in negotiations non-verbal signals (speech body and voice)?
- Simulation negotiations teamwork, allowing to use in acquired practice knowledge - simulation recorded it stays on video, then recreated and subjected detailed analysis under angle strategy, tactics used, neurolinguistics, communication verbal and non-verbal and factors approaching and moving away from agreements.

#5Author's Methodology **4WIN** investigation algorithm down agreements.

- How to get out apart from auctions?
- How enter on more advanced level negotiations than business?
- How to recognize needs and beliefs the second pages negotiations?
- How move myself after on the map beliefs of the interlocutor -negotiator?
- How distinguish at interlocutor negotiator beliefs key for negotiations from the side ones?
- How can you use your beliefs and values to create an infinite number of solutions for the other side of the negotiation that will satisfy both sides?
- How to use beliefs the other side negotiating down changes her position?
- How to build partner relationship?
- How to guide the other side using 4WIN[™] from digging in at positions to discovering new solutions that satisfy both sides?



Adrianna Ostrowska Open Training Coordinator 789 220 112 adrianna.ostrowska @4grow.pl



